



## Gold Card Welcomes New Officers

The 2010 position of Treasurer of the Gold Card Board was won by Chris Sales. Due to unforeseen schedule conflicts with both of our candidates for VP, Kurt Schaeffer has been appointed to serve as Gold Card Vice President. Both Kurt and Chris will serve a two-year term beginning July 1 and ending June 30, 2012. The board extends its heartiest welcome and congratulations. ❖



Gold Card Vice President  
Kurt Schaeffer



Gold Card Treasurer  
Chris Sales

## Chateau Ste. Michelle—Smooth Jazz

All tickets are general-admission seating on a first come, first served basis, on the amphitheatre lawn. Blankets and low back beach chairs (12 inches and under from the ground, back must be 28" or under). Gates open approximately two hours before the show. All concerts are performed outside rain or shine.

**Dates:** Saturday, August 7 or Sunday, August 8

**Times:** 2:00 p.m. **Cost:** \$48 per person

**Location:** Chateau Ste. Michelle Winery, Woodinville, WA

**Event Coordinator:** Andrea White, (425) 342-1137, M/C 08-86

**Deadline:** Thursday, July 15

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Andrea White, M/C 08-86, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

## Geico AMA Enduro Cross Series

EnduroCross tracks incorporate various elements of off-road racing into a supercross-style setting, including rocks, boulders, logs, sand, mud, a water-hole, and even a few special obstacles like giant tires thrown in! Known as the "toughest racing on two wheels," this indoor version of extreme off-road racing will certainly keep you on your feet. With its excitement and unpredictability, the EnduroCross championship is always down to the wire.

**Date:** Saturday, September 11 **Time:** 7:30 p.m.

**Cost:** \$20 per person **Location:** Comcast Arena, Everett

**Event Coordinator:** Ken Cadieux, (425) 266-8116, M/C 03-40

**Deadline:** Friday, August 27

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Ken Cadieux, M/C 03-40, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖



*Come celebrate our history!*

*Please join The Boeing Company in celebrating the B-17 Flying Fortress, Boeing's Plant II, and the men and women who gave their all during World War II.*

*Sunday, July 25, 2010*

*1-3:30 pm; Program begins at 1:30 pm*

*Jim Albaugh, President and CEO, Boeing Commercial Airplanes, will host the program*

*You are welcome to bring up to two guests to the event.*

*Please RSVP no later than July 14, 2010, to Cynthia Hess at 425-965-3347 or [cynthia.d.hess@boeing.com](mailto:cynthia.d.hess@boeing.com) Please provide your name and address to receive an invitation, which is required for admission.*

*Space is limited to the first 500 RSVPs received*

## Gold Card Needs Your Help!

The Gold Card board is currently looking for event coordinators and potential board members. Two appointed positions are available: Civic Affairs and Travel.

Not a lot of free time? How about being an event coordinator? If there's an activity you're thinking about doing, chances are other Gold Card members would enjoy it also. BMA activities are all hosted by volunteers and we need your help! Connect with old friends and help the Association provide activities to members like you by becoming an event coordinator.

Please contact Lanette Keri, Gold Card President, at (425) 255-9935 or [lkeri1@comcast.net](mailto:lkeri1@comcast.net) for more details on any of these volunteer opportunities. Thanks for your support. ❖

# Social and Family

## 2010 Blue Angels Cruise

Join us for the 9th annual BMA Blue Angels Cruise. Once again, we are on the *Islander* from Lake Union Charters. This boat is absolutely beautiful and a great place to enjoy one another's company. Along with the cruise we will enjoy a buffet lunch and a fantastic view of the Blue Angels performing their aerobatics from the deck of the *Islander*.



Beverages are available for purchase by cash only. No carry-on beverages are allowed. Water is available. Please note that restrooms are located

on the upper level via stair access only.

The Blue Angels, the U.S. Navy Flight Demonstration Squadron, are stationed at Sherman Field Naval Station in Pensacola, Florida. The mission of the Blue Angels is to enhance Navy recruiting and credibly represent Navy and Marine Corps aviation to the United States and its Armed Forces to America and other countries as international ambassadors of goodwill. Since 1946, the Blue Angels have performed for more than 350 million people.

**Date:** Saturday, August 7      **Time:** 12:00 p.m.

**Cost:** \$88 per person

**Location:** Lake Union, 1611 Fairview Ave. East, Seattle, WA

**Event Coordinator:** Kevin Stigerts, (253) 657-5448, M/C 11-XW

**Deadline:** Wednesday, July 7

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Kevin Stigerts, M/C 11-XW, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

## Tacoma Rainiers Baseball



BMA members, don't miss your chance to watch future Mariners get their start at these exciting upcoming Rainiers games. BMA is offering group double-play tickets at a great value. With your ticket you receive a hot dog,

soda, and a limited edition Rainiers hat! Be sure to bring the entire family as, on Sundays, kids have the opportunity to run the bases. This is always a highlight for the youngsters.

**Team:** Round Rock Express      **Date:** Sunday, August 15

**Time:** 1:30 p.m.      **Cost:** \$16 per person

**Location:** Cheney Stadium, Tacoma

**Event Coordinator:** Corinne McCarney, (253) 887-4657, M/C 52-43

**Deadlines:** Monday, July 19th

**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Corinne McCarney, M/C 52-43, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124.

**Note:** If you purchase tickets to both games, please send a separate check for each game. ❖

## 14th Annual BMA Day at Emerald Downs

The Boeing Management Association hosts BMA Day at Emerald Downs! The Boeing Handicap is a stakes race for 3-year-old and older fillies and mares that dates back to the first running at Longacres in 1954.



Your general admission ticket has three parts, including access to the first five levels of the stadium, paddock, and park; a race day program; and a coupon to purchase a hot dog and Pepsi for only \$2.00—an \$8.50 value.

Other activities include:

- Backstretch tours (participants must make their own reservations with Emerald Downs at (253) 288-7711; tour starts at 10:00 a.m.)
- Emerald Downs Newcomer Center (Horse Racing 101)
- Family activities in the park, which run from 1:00 to 5:00 p.m.
- Show your Boeing badge and receive a 10% gift shop discount (good August 1 only).
- General parking and shuttles to the stadium entrance at no charge.

**View Room Buffet**—This year the buffet will feature marinated flank steak, grilled chicken, roasted potatoes, vegetable platter, Caesar salad, fresh fruit, and assorted rolls, and beverages. Price includes the meal and all-day reserved seating in the View Room and Clubhouse.

**Date:** Sunday, August 1      **Time:** 1:00 p.m.

**Location:** Emerald Downs, Auburn, WA, [www.emerald downs.com](http://www.emerald downs.com)

**General Admission**—\$1 per person

**Emerald Room Buffet Adults**—\$40 per person

**Emerald Room Buffet Children 10 and under**—\$20 per person  
(**Note:** Children 5 and under are free)

**Event Coordinator:** Yolanda Young-Dae (253) 576-2743, M/C 5A-CC

**Deadline:** Friday, July 9 (No tickets will be sold after this date).

**Instructions:** Complete the coupon below and send a check payable to BMA and a self-addressed, stamped envelope to Yolanda Young-Dae, M/C 5A-CC, c/o the Boeing Company, P.O. Box 3707, Seattle, WA 98124. **Note:** Two stamps required for orders of 10 or more tickets. ❖

### Emerald Downs 2010

Name: _____	
Address: _____	
City/State/Zip: _____	
_____	
Number of Adult General-Admission Tickets: _____	
Number of Child General-Admission Tickets: _____	
Number of Adult Buffet Tickets x \$40 = _____	
(Admission ticket included)	
Number of Child Buffet Tickets x \$20 = _____	

## Social, Family, and the Performing Arts

### Wild Waves Any-Day Tickets

Get ready to experience all the thrills and spills of Wild Waves Theme Park. These tickets can be used any day of the season. Be sure to order enough for the entire summer.



Wild Waves has added new colors on rides and attractions throughout the park, new wave pool cabanas for rent, and heating units for all the water park attractions to be temperature controlled.

Wild Waves offers 70 acres of nonstop fun for everyone! The Theme Park features over 25 rides and attractions, including the TimberHawk—the largest wooden roller coaster in the Pacific Northwest. If extreme coasters aren't for you, don't worry. There's something for everyone.

After all those hot rides, cool down on one of Wild Waves' 14 thrilling waterslides, relax floating down the Konga River, or ride the surf in the 24,000-square-foot wave pool. With more than 40 rides and 14 waterslides, the fun never ends.

These are heavily discounted daily admission tickets and can be used throughout the entire season. Order your tickets and go when it's convenient for you. For more information on the park, location, or directions visit Wild Waves website at <http://wildwaves.com/>.

**Dates:** May 29 through September 6, 2010 **Time:** 10:00 a.m.

**Cost:** \$17.50 per person (Regularly over \$46)

**Location:** Wild Waves Theme Park, 36201 Enchanted Pkwy South, Federal Way, WA

**Event Coordinator:** Shannon Russell, (206) 852-1666

**Deadline:** Friday, August 20

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Shannon Russell, 22401 NE 25th Way, Sammamish, WA 98074. For orders over 15 tickets, include two stamps. ❖

### 2010 Everett AquaSox Baseball

Join us at one or both of these great Aquasox games as the clubs celebrates its 16th season as a Seattle Mariners affiliate and 27th season in Everett.



AquaSox games are a family favorite. Your ticket includes a voucher for a hot dog, bag of chips, soda, and post-game fireworks! Now that's a major league value at a minor league price!

Don't miss out as the AquaSox take on the

Boise Hawks (Chicago Cubs affiliate).

**Date:** Saturday, August 7

**Time:** 7:05 p.m.

**Cost:** \$12 per person

**Location:** Everett Memorial Stadium, Everett

**Event Coordinator:** Cynthia Wood, (425) 266-6799, M/C 0U-14

**Deadlines:** Monday, July 19

**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Cynthia Wood, M/C 0U-14, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. **Note:** If you purchase tickets to both games please send a separate check for each game. ❖



### Beethoven & Wine Festival with Seattle Symphony

Sample rich and distinctive wines at pre-concert tastings in the Grand Lobby of Benaroya Hall and then enjoy Beethoven's Violin Concerto during a shorter concert with no intermission.

Presented by the Seattle Symphony and featuring Augustin Hadelich on violin.

BMA has great seats on Orchestra Left with an unobstructed view of the violinist.

**Date:** Wednesday, September 8 **Time:** 6:30 p.m.

**Cost:** \$27 per person

**Location:** Benaroya Hall, Seattle

**Event Coordinator:** Shannon Russell, (206) 852-1666

**Deadline:** Friday, August 13 or until sold out

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Shannon Russell, 22401 NE 25th Way, Sammamish, WA 98074. ❖

### Gilbert and Sullivan Double Feature *Cox & Box* and *HMS Pinafore*

Don't miss your chance to see two wonderful Gilbert and Sullivan performances for one low special BMA price.



Based on the 1847 farce *Box and Cox* by John Maddison Morton, this was Sullivan's first successful comic opera. The story concerns a landlord who lets a room to

two lodgers, one who works at night and one who works during the day.

The second story takes place aboard the British ship *HMS Pinafore*. The captain's daughter is in love with a lower-class sailor, although her father intends her to marry the First Lord of the Admiralty. They plan to elope and the captain discovers the plan, but, as in many of the Gilbert and Sullivan shows, a surprise disclosure changes things dramatically.

Alternatively, for the entire July 9 through the July 24 production run, individual tickets are also available at the same reduced prices. Contact Gilbert & Sullivan directly at (206) 341-9612 and mention your BMA membership to get the membership prices.

**Date:** Friday, July 23

**Time:** 7:30 p.m.

**Adults:**

**Seniors:**

**Youth 25 and Under:**

\$31 per person

\$27 per person

\$12 per person

**Location:** Bagley Wright Theatre, Seattle

**Event Coordinator:** Mike Vander Wel, (206) 544-2183, M/C 11-XW

**Deadline:** Wednesday, July 7

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Mike Vander Wel, M/C 11-XW, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

## Social, Family, and the Performing Arts



### Puyallup Fair Concert Series and Rodeos

Enjoy a day at the fair and see a great concert or rodeo at the same time. The Puyallup Fair offers great bands in a small, unique venue and your fair admission is included with your concert ticket—an \$11 value. Like the fair, this line-up offers something for everyone!

Artists performing this year include:

Date:	Performance:	Cost:
Sept. 11	Rodeo with Asleep at the Wheel	\$22 per person
Sept. 12	Rodeo Finals	\$25 per person
Sept. 13	Kenny Rogers	\$40 per person
Sept. 16	Willie Nelson	\$45 per person
Sept. 17	Chris Botti and Natalie Cole	\$35 per person
Sept. 18	Dierks Bentley	\$50 per person
Sept. 20	Queensryche and Tesla	\$35 per person
Sept. 21	Adam Lambert	\$45 per person
Sept. 22	Daryl Hall and John Oates	\$40 per person
Sept. 23	MercyMe and Jeremy Camp	\$40 per person
Sept. 24	Billy Currington	\$35 per person
Sept. 25	Heart	\$40 per person
Sept. 26	Kid Rock	\$75 per person

**Times:** Vary. See the [www.thefair.com](http://www.thefair.com) for details

**Location:** The Puyallup Fair, Western Washington Fairgrounds

**Event Coordinator:** Jesse Maciel, (206) 852-1686, M/C 5X-09

**Deadline:** Friday, August 27

**Instructions:** Send a check, payable to BMA, and a self-addressed, stamped envelope to Jesse Maciel, M/C 5X-09, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

### Seattle Pops Season Tickets

One of America's most popular entertainers, Principal Pops Conductor Marvin Hamlisch, is taking Seattle by popular song. Five concerts and all great seats within four of the aisle in Orchestra A. **Live and Let Die: A Tribute to Paul McCartney**—(Friday, September 17) Live and Let Die combines the power of pop with the beauty of symphonic orchestration to bring an incredible concert experience. **Holiday Pops With Cirque De La Symphonie**—(Friday, December 3): Back by popular demand, bring your whole family to hear seasonal favorites accompanied by Cirque's acrobats, jugglers, dancer, and mimes—the ultimate holiday extravaganza.

**Hamlisch Plays Hamlisch**—(Friday, March 4, 2011) As a composer, Marvin Hamlisch has won virtually every major award—including a Pulitzer Prize for *A Chorus Line*. Hear Hamlisch lead his own award-winning hits as he collaborates with some music's biggest names.

**Dukes of Dixieland**—(Friday, April 15, 2011) The Dukes of Dixieland brings traditional jazz and Dixieland into the 21st century, weaving pop, gospel, and country with authentic New Orleans sounds.

**The Barbra Streisand Songbook**—(Friday, June 10, 2011) Her Oscar-winning performance in the smash hit musical *Funny Girl* launched Streisand's career as one of the world's greatest stars. Hear Hamlisch and Seattle Symphony pay tribute to the famous Streisand sound.

**Time:** 8:00 p.m.

**Location:** Benaroya Hall, Seattle

**Cost:** \$230 per person (\$80 savings, with free ticket-exchange privileges)

**Event Coordinator:** Shannon Russell, (206) 852-1666

**Deadline:** Wednesday, July 7

**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Shannon Russell, 22401 NE 25th Way, Sammamish, WA 98074. ❖

### Spring Luncheon Guest Speaker



The 42<sup>nd</sup> Annual Spring Luncheon was enjoyed by over 100 of our Gold Card members and guests. Participants enjoyed an excellent lunch, while listening to our featured guest speaker, Dr. Bonnie Dunbar.

### Village Theatre Season Tickets in Issaquah and Everett

Village Theatre brings its season of shows for 2010-2011—four musicals and a murder mystery. As season ticket subscribers, we'll enjoy reserved choice seating, free covered parking (in Everett), complimentary ticket exchanges between locations, priority ticket ordering for friends, a complimentary subscription to *Village Voices*, and a subscriber rewards card.

This season's shows include **The Full Monty**, **Anne of Green Gables**, **Sleuth**, **Iron Curtain**, and **Jesus Christ Superstar**.

**Note:** There are several ticket packages available. Please see the Gold Card website at [www.bmagoldcard.org](http://www.bmagoldcard.org) for dates, times, cost, and more. If you don't have internet access or have further questions, contact the event coordinator.

**Event Coordinator:** John Rusch, (425) 327-0030, M/C 06-LU

**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to John Rusch, M/C 06-LU, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. Indicate the number of tickets and package desired. You will receive confirmation by mail or e-mail. Your tickets will be sent by mail. Please include an e-mail address if you have one. ❖

## Health and Welfare

### Brush Away Those Heart Woes

By G.Gey, M.D. and Jeanette Dunn, Ed.D. R.N.

A study was done by Richard Watt of the Department of Epidemiology and Public Health at the University College London on 12,000 people who recorded how they brushed their teeth.

Periodontal disease has been associated with heart disease in other studies. One study showed periodontal disease was associated with a 19% increase in heart disease.

C-reactive protein in the blood is associated with inflammation and those who did not brush had higher levels of C-reactive protein. C-reactive protein is high in persons who have heart disease and is a well known risk factor.

Over 8 years of follow-up with the 12,000 people in the study, those persons who rarely or never brushed their teeth had a 70% increased risk of heart attack, stroke, or other event compared to those who brushed twice a day.

It is also important to floss and keep the gums in healthy condition between the teeth where inflammation can occur. See your dentist for regular cleaning and a good check up.❖

### Official Gold Card Jackets



Due to member demand, we have an official BMA Gold Card jacket! The men's jacket is offered in a versatile khaki body with nutmeg trim (see the website for a color photo). It is also available in navy with red trim. Jacket features include weather-resistant polyester shell, full lining in body and sleeves, front and back vents for breathability, hideaway hood in cadet collar, zippered front pockets, and adjustable elastic cuffs. Sizes: XS to 6XL.

The companion women's jacket offers a gently contoured silhouette, princess seams, open collar, and snap-off hood and all the features of the men's jacket. Your choice of stone with navy trim (see the website for a color photo) or navy with red trim. Sizes: XS-XXL, Plus 1X and Plus 2X.



Both the men's and women's jacket include the Gold Card logo stitched on the left breast. Please mail your order, (specify model, color choice, size) with your check for \$60, payable to BMA, to Chris Sales, 12910 206th Court S.E., Issaquah, WA 98027.❖

## Boeing Service Watch Repair

Need your Boeing service watch repaired? Contact Rideau Recognition Solutions at 1-877-856-6373 for further assistance.

## Recreation Activities

### Golf News

The Gold Card Golf League held its third tournament of the year with 56 golfers, at North Shore Golf Course in Tacoma.

**Division 1**—Low-net and least-putts winner was Harold Liemon. Special Competition was won by Dave Wells.

**Division 2**—Low-net winner was June Secreto. Leroy Bayer won least putts. Special Competition was won by Jerry Johnson.

**Division 3**—Low-net winner was Ray McCaw. Bam Henehan won the least putts. Special Competition was won by George Cooper. Thanks to our starters, Dave Livingston and Greg White.

Visit [www.bmagoldcard.org](http://www.bmagoldcard.org) for complete results. Our next tournament will be at Foster Golf Course in Tukwila on July 1st.

You can still sign up for the 2010 golf season and participate in the remaining golf events. Visit the website for details.❖

### North League Bowling News

More bowlers are needed for the coming season. We are planning to change to three-person teams to get more teams in the competition. The first day of bowling for the 2010 season is August 23. Get those balls out of the closet and come join us for some fun!

We bowl on the second and fourth Monday of each month at Glacier Lanes in South Everett at 9:00 A.M. The fee is \$10. BMA Gold Card members and their friends are eligible. Contact Denny Carpenter at (425) 337-1265.❖

## Gold Card Event Coupon

Mail coupon and check payable to BMA to the event coordinator.

Event Name/Date: \_\_\_\_\_

Name \_\_\_\_\_

Guest Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Note \_\_\_\_\_

## Gold Card Caps for Sale

The Gold Card has great any-occasion caps in either black or khaki with the BMA Gold Card logo. The price is \$10, plus \$2 shipping each. Send a check payable to BMA to Chris Sales, 12910 206th Court S.E., Issaquah, WA 98027. Be sure to specify your **color** choice.❖

Boeing Management Association  
 P.O. Box 3707 M/C 5X-09  
 Seattle WA 98124-2207  
[www.bmagoldcard.org](http://www.bmagoldcard.org)

**July 2010**  
**Gold Card Newsletter**  
[www.bmagoldcard.org](http://www.bmagoldcard.org)  
 (206) 852-1686

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## Gold Card Roster

President	Lanette Keri	(425)255-9935
Vice President/Activities	Jerry Stirret	(206)819-5349
Secretary	Dan Gray	(425)293-5403
Treasurer	Chris Sales	(425)226-9168
Civic Affairs	Marlene Taylor	(425)644-8799
Membership	Sherm Bigelow	(206)232-8357
Webmaster	Pete Stobart	(253)839-5129
Health and Welfare	Dr. George Gey	(206)463-9266
Recognition	Vicki Lee	(425)255-0606
Education Chair	Pete Bailey	(206)232-9451
Everett Tour Center	Bill Lloyd	(425)643-3151
Publicist	Kathy Fenster	(206)459-4030
Recreation Activities	Bob McKinney	(253)941-0650

**Golf**

Golf League	Bob McKinney	(253)941-0650
Platinum League	Tom Boone	(425)549-0094

**Bowling**

South League	Larry Pickett	(360)915-8416
North League	Denny Carpenter	(425)337-1265

**BMA Office**

BMA Business Office	Jesse Maciel	(206)852-1686
BMA Business Manager	Shannon Russell	(206)852-1666

July 2010

## Upcoming Events

Various	2010-2011 5th Avenue Season Tickets
Various	2010-2011 Seattle Pops Season Tickets
Various	2010-2011 Village Theatre Season Tickets
Various	2010 Husky Football Season Tickets
May 29-Sept 6	Wild Waves Tickets
July 17	Meet the Winemaker—Adams Bench
July 17	Go Hog Wild With BMA
July 23	<i>Cox &amp; Box</i> and <i>HMS Pinafore</i>
July 25	Tacoma Rainiers Baseball
July 25	Plant II 75th Anniversary Celebration
August 1	BMA Day at Emerald Downs
August 7	2010 Blue Angels Cruise
August 7	Everett AquaSox Baseball
August 7 and 8	Chateau Ste. Michelle—Smooth Jazz
August 15	Tacoma Rainiers Baseball
Sept. 8	Beethoven & Wine with Seattle Symphony
Sept. 11	Geico AMA Enduro Cross Series
Sept. 11-26	Puyallup Fair Concert and Rodeo Tickets