



## 43rd Annual Spring Luncheon with Guest Speaker Bonnie Dunbar

Join us for the 43rd annual Spring Luncheon featuring guest speaker, former astronaut and current CEO of the Museum of Flight, Dr. Bonnie Dunbar.

Dr. Dunbar is a Washington State native and was inspired by the early missions of Gagarin, Shepard, and Glenn. Her interest eventually led her into engineering, ultimately earning a Doctorate in mechanical biomedical engineering from the University of Houston. Dr. Dunbar held several research and engineering positions and, while at Rockwell, she helped to build the first Space Shuttle, *Columbia*. In 1978, she joined NASA and, in 1980, she was selected as a NASA Mission Specialist Astronaut.

Dr. Dunbar is a veteran of five spaceflight missions, logging 1,208 hours, more than 50 days, in orbit aboard the shuttles *Atlantis*, *Challenger*, *Columbia*, and *Endeavour*. She also trained in Russia, and was certified to fly in the Russian Soyuz Spacecraft.

She has held several NASA management assignments and now is the CEO of the Museum of Flight. Her current passion is helping to inspire the next generation of youth into science, technology, engineering, and math (STEM) careers. The Museum of Flight provides one of the largest K-12 educational programs of any Air and Space Museum in the nation.

The luncheon menu is a choice of marinated top sirloin; balsamic glaze airline breast of chicken marsalla with wild mushrooms; or pasta radiatore with sundried tomatoes, capers, artichoke hearts and asiago cheese. All choices will be served with a mixed green salad tossed in raspberry vinaigrette with blue cheese crumbles, scalloped potatoes, and fresh local vegetables. Dessert will be strawberry shortcake with fresh vanilla whipped cream. Fresh rolls and butter will also be provided.

**Invited:** Gold Card members and guests (limited to 200)

**Date:** Tuesday, May 4

**Time:** 11:00 a.m., no-host social; 12:00 p.m., lunch. Guest speaker to follow lunch

**Location:** Rainier Golf & Country Club, 11133 Des Moines Memorial Dr. South, Seattle (directions will be sent with confirmation)

**Cost:** \$25 per person (members and guests)

**Event Coordinator:** Jerry Stirret, (425) 235-5770, 16853 190th Ave S.E., Renton, WA 98058, e-mail [jstirret@comcast.net](mailto:jstirret@comcast.net)

**Deadline:** Wednesday, April 28 (no refunds after this date)

**Instructions:** Complete the coupon located on page two and mail checks, payable to BMA, to the event coordinator. To sit in a group, list the names on a separate note and attach to the coupon. Confirmation will be via e-mail or U.S. mail. If U.S. mail confirmation is desired, please include a self-addressed, stamped envelope. Tickets will not be issued. A guest list will be at check-in table. ❖



## Cirque du Soleil Presents *KOOZA*

*KOOZA* tells the story of the Innocent, a melancholy loner in search of his place in the world.

*KOOZA* is a return to the origins of Cirque du Soleil: It combines two circus traditions – acrobatic performance and

the art of clowning. The show highlights the physical demands of human performance in all its splendor and fragility, presented in a colorful *mélange* that emphasizes bold slapstick humor.

The Innocent's journey brings him into contact with a panoply of comic characters such as the King, the Trickster, the Pickpocket, and the Obnoxious Tourist and his Bad Dog.

Between strength and fragility, laughter and smiles, turmoil, and harmony, *KOOZA* explores themes of fear, identity, recognition and power. The show is set in an electrifying and exotic visual world full of surprises, thrills, chills, audacity, and total involvement.

Experience all Cirque has to offer in the Tapis Rouge. Those who purchase Tapis Rouge seating will enjoy preferred seating (within the first eight rows), reserved parking, access to the Tapis Rouge suite via an exclusive entrance one hour before the show and during intermission, an array of mouth-watering hors d'oeuvres, fine wines, and refreshments followed by desserts during intermission, a unique multimedia entertainment and original music in a stunning décor with a relaxed atmosphere, a Tapis Rouge gift, a souvenir program, priority purchasing of Cirque du Soleil merchandise in the Tapis Rouge boutique, and private restrooms, terrace, and coat check service.

**Date:** Saturday, June 26

**Time:** 8:00 p.m.

**Regular Seating:**

**Adult**—\$80 per person    **Children**—\$56 per person (12 and under)

**Tapis Rouge Seating:**

**Adult**—\$250 per person    **Children**—\$175 per person (12 and under)

**Location:** Marymoor Park, 6046 West Lake Sammamish Parkway N.E., Redmond, WA

**Event Coordinator:** Jesse Maciel, (206) 852-1686, M/C 5X-09

**Deadline:** Monday, May 1

**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Jesse Maciel, M/C 5X-09, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

## Gold Card Caps for Sale

The Gold Card has great any-occasion caps in either black or khaki with the BMA Gold Card logo. The price is \$10, plus \$2 shipping each. Send a check payable to BMA to Chris Sales, 12910 206th Court S.E., Issaquah, WA 98027. Be sure to specify your **color** choice. ❖

## Social and Family



**PLEASANT HILL  
CELLARS**

### Meet the Winemaker Pleasant Hill Cellars

Enjoy wine and barrel tastings, appetizers, and a tour of Pleasant Hill Cellars, personally given by the winemaker Larry Lindvig.

Located between Fall City and Carnation, the winery is a pleasant country drive just outside of the Seattle area.

Presently, Pleasant Hill Cellars produces 1,500 cases a year. The uniqueness shows in the many varietals and unusual blends produced there. Close attention to the use of specific yeasts for each sort of grapes is the trademark of the winemaker Larry Lindvig. Given the size, everything is truly hand-done—the bottling, corking and the labeling—giving each bottle the utmost care and attention.

The winemaker, Larry Lindvig, raised in Poulsbo, has, for 39 years, worked as a supervisor at Boeing in Everett. A longtime member of Boeing Wine Club, Larry decided, together with his wife Birgit, that upon early retirement he would open his own winery. Larry is making an array of handcrafted wines and thinks that a variety of European blends are his most favorite to make. Larry is now in his ninth year of production and has secured a following of wine lovers that attend the two open-house tasting events held in the spring and fall at the winery.

**Date:** Sunday, April 11

**Time:** 4:00 p.m.

**Cost:** \$25 per person

**Location:** Pleasant Hill Cellars, 32305 N.E. 8th St. Carnation, WA

**Event Coordinator:** Andrea White, (425) 342-1137, M/C 08-86

**Deadline:** Wednesday, March 31

**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Andrea White, M/C 08-86, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

## Gold Card Event Coupon

Mail coupon and check payable to BMA to the event coordinator.

Event Name/Date: \_\_\_\_\_

Name \_\_\_\_\_

Guest Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

Note \_\_\_\_\_

## Boeing Service Watch Repair

Need your Boeing service watch repaired? Contact Rideau Recognition Solutions at 1-877-856-6373 for further assistance.

## Volunteer Opportunity

### Gold Card Needs Your Help!

The Gold Card board is currently seeking event coordinators, nominating committee members, and potential board members. There are two appointed positions (Civic Affairs and Travel) and two elected board positions (Activities VP and Treasurer) coming available. We're also in need of immediate volunteers interested in serving on the nomination committee for the 2010 elections, held in May.

If you do not have time to participate on the board, have you ever thought about being an event coordinator? If there is an activity you are thinking about doing, chances are other Gold Card members would enjoy it also. BMA activities are all hosted by volunteers, and we need your help! Connect with old friends and help the organization provide activities to members like you by becoming an event coordinator.

Please contact Lanette Keri, Gold Card President, at (425) 255-9935 or lkeri1@comcast.net for more details on any of these volunteer opportunities. Thanks for your support. ❖

## Boeing Employee Discount Program

As a retiree of Boeing you are eligible to participate in the Boeing Employee Discount program. Membership is free and you can easily access the Discounts website by either of the following two ways:

1. Visit the BMA Gold Card website at [www.bmagoldcard.org](http://www.bmagoldcard.org), click on useful links and select [my.boeing.com/express](http://my.boeing.com/express). Then follow the instructions on the website.
2. Go directly to [www.my.boeing.com/express](http://www.my.boeing.com/express) and click on employee discounts on the right side of the screen. You will need to use your BEMS ID and Total Access password. If you do not know your BEMS ID or your Total Access password, call 1-866- 473-2016. Follow the easy directions for using the site. For in-store purchases, follow the instructions to print out a card that you can put in your wallet and take shopping with you.

The employee discount program provides opportunities to save both time and money on everyday goods and services such as cell phones, computers, cars, flowers, sporting events, theater, and much more. ❖

## Spotlight

This month, catch up on what's happening with **Tom Schick** during his retirement. The articles can be found on the Gold Card website at [www.bmagoldcard.org](http://www.bmagoldcard.org). Just select *Spotlight*. ❖

## Performing Arts

### Seattle Opera Presents—*Amelia*

#### World Premiere - Seattle Opera Commission



A first-time mother-to-be, whose psyche has been scarred by the loss of her pilot-father in Vietnam, must break free from anxiety to embrace healing and renewal for the sake of her husband and child in this original story unfolding over a 30-year period beginning in 1966.

*Amelia* interweaves one woman's emotional journey, the American experience in Vietnam, and elements of the Daedalus and Icarus myth to explore man's fascination with flight and the dilemmas that arise when vehicles of flight are used for exploration, adventure, and war.

With an intensely personal libretto by American poet Gardner McFall (*The Pilot's Daughter*), whose father was a Navy pilot lost during Vietnam, this new American opera moves from loss to recuperation, paralysis to flight, as the protagonist, Amelia, ultimately embraces her life and the creative force of love and family.

In English with English captions. Approximate running time is two hours, with one intermission.

**Date:** Friday, May 21      **Time:** 7:30 p.m.  
**Cost:** \$78 per person (\$111 value)      **Location:** McCaw Hall, Seattle  
**Event Coordinator:** Tim Ellis, (425) 266-6361, M/C 04-JA  
**Deadline:** Wednesday, May 5  
**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Tim Ellis, M/C 04-JA, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

### Pacific Northwest Ballet—*3 by Dove*

"I am interested in passion," Dove said about his work. "In every embrace, every second of life [should be] lived so fully that there can be no regrets, no retreats, no looking back" (*Connoisseur*). The late Ulysses Dove (1947–1996) documented life in dance and left a legacy that speaks with Teutonic energy, relentless drive, and open desire.

**Red Angels**—Dancers confront the audience in a series of solos and duets and then walk away arms raised like wings.

**Vespers**—Draws on Dove's memories of his grandmother's congregation, as dancers struggle to reach the light.

**Serious Pleasures**—Dove uses light to create doorways and pathways to the social turmoil of the 80's, where human isolation are portrayed with stunning clarity and signature athleticism.

Contemporary dance choreographer Victor Quijada credits Dove among those who have inspired his work. Quijada's *Suspension of Disbelief*, a 2006 world premiere, also joins the program.

**Date:** Friday, March 26      **Time:** 7:30 p.m.  
**Cost:** \$72 per person (\$102 value)      **Location:** McCaw Hall, Seattle  
**Event Coordinator:** Tim Ellis, (425) 266-6361, M/C 04-JA  
**Deadline:** Tuesday, March 9  
**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Tim Ellis, M/C 04-JA, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

### Driftwood Players Presents

#### *Love, Sex and the IRS*

Try to cheat the IRS and look what happens! A wild comedy with twists of fate, sight gags, mistaken identities, and hilarious comic situations. Don't miss it!

Complimentary refreshments, including wine, cheese, crackers, fruit, and cookies will be provided before each show and during intermission. This is a great opportunity to socialize with old friends and meet new ones!

**Date:** Friday, April 16      **Cost:** \$22 per person  
**Time:** 7:00 p.m. reception; show begins at 8:00  
**Location:** Wade James Theatre, Edmonds, WA  
**Event Coordinator:** Leigh Ford, (425) 750-2781  
**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Leigh Ford, 8123 137th Ave. S.E., Snohomish, WA. 98290. ❖



### Pacific Northwest Ballet Presents—*All Balanchine*

When George Balanchine came to America in 1933, he found a country that knew little about ballet. Inspired by America's freedom, youth, and modern vitality, he whole-heartedly adopted his new home and through a prodigious outpouring of works, shaped in part by limited resources, he removed layers of classical ballet's conventional excess. PNB pays tribute to the greatest choreographer of the 20th century and its own artistic heritage with all Balanchine, a mixed-bill homage to the man who revolutionized an art form in ways that have changed it forever.

Balanchine's first American ballet, *Serenade* (1934), was choreographed for his students. An ideal manifestation of Tchaikovsky's soaring *Serenade for Strings*, its transcendent purity endures and renews itself as a primary testament to the choreographer's genius. *Square Dance* (1957) knits classical ballet with the patterns and partnerings of 17th-century court and American folk dance for a buoyant, intricate work, notable for its celebrated male solo. *The Four Temperaments* (1946), a quintessential "black and white" Balanchine ballet, is an early experiment in spare abstraction based on mythological belief in four personality types. Here, in a series of plotless variations executed by dancers in practice clothes on a bare stage, Balanchine proclaims a new era in ballet with some of the most uniquely composed and distinctly evocative images ever created.

**Date:** Friday, April 23      **Time:** 7:30 p.m.  
**Cost:** \$72 per person (\$102 value)      **Location:** McCaw Hall, Seattle  
**Event Coordinator:** Tim Ellis, (425) 266-6361, M/C 04-JA  
**Deadline:** Tuesday, April 6  
**Instructions:** Send a check payable to BMA and a self-addressed, stamped envelope to Tim Ellis, M/C 04-JA, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. ❖

## Education



### Seattle Arts & Lectures Presents Dr. Atul Gawande Real Reform, What is Great Health Care?

Sponsored by Swedish Medical Center

A physician/surgeon, *New Yorker* magazine staffer, and MacArthur Fellow, Atul Gawande scrutinizes medical practices and the health care system. His book *Complications: A Surgeon's Notes on an Imperfect Science* was a National Book Award finalist.

Dr. Atul Gawande scrutinizes medical practice in his books *The Checklist Manifesto* (2009), *Better: A Surgeon's Notes on Performance* (2007), and *Complications: A Surgeon's Notes on an Imperfect Science* (2002). As a staff writer for *The New Yorker* and a contributor to *Slate*, Gawande has influenced the dialogue about health care in America.

"*Complications* is a book about medicine that reads like a thriller. Every subject Atul Gawande touches is probed and dissected and turned inside out with such deftness and feeling and counterintuitive insight that the reader is left breathless." — Malcolm Gladwell.

**Date:** Monday, May 3

**Time:** 7:30 p.m.

**Costs:** Students under 25—\$10 per person

**Balcony—**\$21.25 per person

**Main—** \$25.50 per person

**Location:** Benaroya Hall, Seattle

**Event Coordinator:** William (Pete) Bailey (206)414-6803 or (206)232-9451, email [peterb00001@onebox.com](mailto:peterb00001@onebox.com)

**Deadline:** 12:00 noon on Friday, April 30

**Instructions:** Phone orders only, call (206) 621-2230 to sign up. ❖

## Golf League

It's time to sign up for the 2010 golf season. Golf league participation is open to all Gold Card members and friends. This is mixed league with divisions based on handicap and playing level. We generally play monthly, on the first Thursday, starting in April. Dues this season are \$40 for Gold Card members and \$50 for nonmembers. Dues should be paid by March 10th to participate in all of the golf events. Send a check, payable to BMA, to Bob McKinney at 31221 1st Pl. S.W., Federal Way, WA 98023. Please provide your address, phone number, current e-mail address, and your wishes regarding playing partner(s).

Be sure to watch the Gold Card website for the latest golf information including current tee times, course information, pairings, forms, prize list, pictures, and more.

If you need more information or have questions contact Bob McKinney at (253) 941-0650 or e-mail [mckinneyr@aol.com](mailto:mckinneyr@aol.com). ❖

### 2010 Schedule

April 8—Brookdale GC

May 6—Allenmore GC

June 3—North Shore GC

July 1—Foster Golf Links

August 5—Auburn GC

September 2—Hi Cedars GC

October 7—Lake Wilderness GC

## Health and Welfare

### Top Ten Medical Advances of the Decade

by George Gey, M.D., and Jeanette Dunn, Ed.D., R.N.

ABC News convened a panel of 800 medical specialists and historians to determine the top medical advances of this first decade of the 21st century. Here are their findings and why they are so important:

1. The mapping of the human genome has allowed scientists to find cancer genes, degenerative disease genes, and specific changes in the genetic code that cause drug sensitivity.
2. Information technology: Twenty billion dollars is being spent to convert paper medical records into digital electronic records. This will save lives by making patient information available to health care providers everywhere. It is protected by HIPAA federal laws that provide security for this sensitive data.
3. Anti-smoking laws in 27 states and D.C. have now been proven to prevent heart, lung, and other diseases in those states and saved countless lives. It all started with the Surgeon General's report in 1964. The discovery that second-hand smoke can cause disease is now well understood.
4. Heart disease deaths have decreased by 40% over the last 10 years, mainly due to fast diagnosis and transport to cardiac centers where clots are dissolved and stents placed. Prevention of heart disease is now possible with diet and exercise, lipid lowering drugs, and blood pressure control medications.
5. Stem cell research provides new approaches to treating diseases. Someday hearts will be repaired with muscle stem cells and genetic and degenerative diseases will be cured this way.
6. Cancer treatment has been improved with the discovery of Herceptin that targets breast cancer cells and prevents recurrence; Gleevic targets cancer cell genes preventing their growth.
7. Combination drug therapy called HAART for HIV now prevents vertical transmission of the virus. It also extends the life span of infected patients turning AIDS into a chronic, treatable disease.
8. Minimally invasive surgery allows for shorter and less painful recovery time. Robotic surgery enables surgeons to make smaller incisions and improves the accuracy of procedures.
9. Reduction of the use of hormone replacement therapy when a very large study showed that it increased heart disease and breast cancer in post-menopausal women. However, HRT still has a place in the reduction of risk of colorectal cancer, fractures, and treatment of menopause symptoms.
10. Functional MRI allows scientists to study mind function and thought processes in action. It is proving to be a valuable tool to study depression, brain cancer, autism, and memory disorders. ❖

## Financial Seminars

**Note:** As you may already be aware, views of BMA-sponsored speakers are their own and do not necessarily reflect the views of, or a recommendation by, the Boeing Management Association.

### Outlook 2010 Looking for Hall of Fame Companies

Chief Investment Officer William Smead will be presenting Smead Capital Management's Market and Investing Outlook for 2010. This presentation will include a review of the markets in 2009, what makes a great company to own going forward, and the areas that are overcrowded and should be avoided. Mr. Smead will also share his predictions for what 2010 will bring in the stock market. These roadshow events aim to help serve and guide investors in today's markets.

**Date:** Thursday, March 18      **Time:** 12:00 to 1:00 p.m.

**Cost:** \$5.00 per person (limited to the first 20)

**Location:** McCormick & Schmick's 1103 First Ave., Seattle (parking validated at the Republic Parking garage (1101 Western Ave).

**Event Coordinator:** Pete Bailey; 4708 E. Mercer Way, Mercer Island, WA 98040; [peterb00001@onebox.com](mailto:peterb00001@onebox.com); (206) 232-9451

**Instructions:** Mail completed coupon and check, payable to BMA, to the event coordinator. Indicate the seminar you wish to attend. ❖

### Navigating the Storm—Managing Your Retirement in Uncertain Times

We live in uncertain times. Stock market declines, bank failures, corporate bankruptcies, the falling dollar, deflation, inflation, pension collapses, and Social Security insolvency are all topics that dominate the press and may unsettle even the most confident of retirees. Investors have seen their savings expand, contract, and whipsaw again over the past several years.

As we look forward to our golden years, one simple question stands out *what are we supposed to do now?* This workshop is designed to offer you perspective and possible solutions to many concerns impacting Boeing retirees. In this seminar we will cover:

- The common predators that prey on retirees
- Possible solutions to the three biggest threats facing retirees
- Possible solutions to needless retirement planning disasters
- Restructuring your retirement investments and income

*Navigating the Storm*<sup>™</sup> is an interactive seminar experience. Instead of simply "listening" to a presentation you will have an opportunity to respond directly to key planning questions and make real-time decisions on your retirement plans. If you desire, your decisions will be recorded and reflected back to you in a personalized *Navigating the Storm*<sup>™</sup> Report. Imagine leaving the seminar having identified which strategies make sense for you.

Michael Miller, ChFC, CFP®, founder Capital Planning Corporation. Over the years Michael Miller has distinguished himself as one of the leading experts in providing financial planning and investment management services to Boeing employees and retirees.

**Date:** Thursday, April 15      **Cost:** \$5 per person

**Time:** 11:00 to 2:00 p.m. (lunch provided)

**Location:** Skyline Tower, 10900 NE 4th St. floor 9 conference room, Bellevue, WA 98004 (Parking provided in the Skyline Tower garage)

**Event Coordinator:** Pete Bailey, 4708 E. Mercer Way, Mercer Island, WA 98040, e-mail [peterb00001@onebox.com](mailto:peterb00001@onebox.com), (206) 232-9451

**Instructions:** Mail the completed coupon and check payable to BMA to the event coordinator. Call Courtney at Capital Planning at (425) 643-1800 for directions. ❖

## Bowling

### North League Bowling

Just four more sessions to go and then we will have our sweepers on April 26 to end the season. Teams *Malt* and *Almost* still lead the league with 30 wins each. Our top scorers for the past two meets were: Roosevelt Johnson with a 236, Greg Jackson with a 216, Dave Duryee with a 212, Kathy Carpenter with a 170, and Barb Obee with a 124. We now have 14 bowlers on the roster.

We bowl on the second and fourth Monday of each month at Glacier Lanes in South Everett at 9:00 a.m. The fee is \$10 and you only pay when you bowl. BMA Gold Card members and their friends are eligible. Contact Denny Carpenter at (425) 337-1265.

### South League Bowling

We had 11 bowlers turn out in January. High scores went to Larry Pickett with a 209 high game and a 607 high series. The women's high game and series went to Nancy Long with a 152 and a 392.

We bowl the second and fourth Tuesday of the month at Secoma Lanes in Federal Way. For additional information contact Larry Pickett at 360-915-8416 or [lpickett65@comcast.net](mailto:lpickett65@comcast.net). ❖

Boeing Management Association  
 P.O. Box 3707 M/C 5X-09  
 Seattle WA 98124-2207  
[www.bmagoldcard.org](http://www.bmagoldcard.org)

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## Gold Card Roster

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Everett Tour Center	Bill Lloyd	(425)643-3151
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Recreation Activities	Bob McKinney	(253)941-0650

**Golf**

Golf League	Bob McKinney	(253)941-0650
Platinum League	Craig Petre	(425)493-9681

**Bowling**

South League	Larry Pickett	(360)915-8416
North League	Denny Carpenter	(425)337-1265

**BMA Office**

BMA Business Office	Jesse Maciel	(206)852-1686
BMA Business Manager	Shannon Russell	(206)852-1666

*March 2010*

## Upcoming Events

March 12	Seattle Opera— <i>Falstaff</i>
March 18	Outlook 2010
March 26	PNB—3 by <i>Dove</i>
April 11	Meet the Winemaker - Pleasant Hill Cellars
April 15	Navigating the Storm
April 16	Driftwood Players— <i>Love, Sex, and the IRS</i>
April 23	PNB— <i>All Balanchine</i>
May 3	Seattle Arts and Lectures—Dr. Atul Gawande
May 4	43rd Annual Spring Luncheon
May 21	Seattle Opera— <i>Amelia</i>
June 26	Cirque du Soleil— <i>KOOZA</i>

**Call for Nominations**

The offices of Executive Vice-President and Treasurer are open in this year's BMA Gold Card elections. Please see page 2 or contact Lanette Keri, Gold Card President, for more information.