



20th Annual Fall Luncheon

Join your fellow Gold Card members and guests this year at the Rainier Golf and Country Club for an outstanding lunch and an informative session on senior living options in today's world.

Our guest speaker this year is Paul Reynolds. Paul is the area community relations manager for ERA Living and will discuss the complexities of living options that are available today. A wide variety of options exist, from independent living and assisted living, to in-home care and skilled nursing. All aspects and options will be discussed and there will be an opportunity to ask questions.

Enjoy the company of friends while you feast on a wonderful meal. Choose between balsamic and peppercorn-glazed top sirloin or lemon grilled chicken provencale. A vegetarian selection of pasta radiatore with sundried tomatoes, capers, artichoke hearts, and asiago cheese will also be available.

Lunch will be served with mixed green salad tossed in honey-lime vinaigrette, scalloped potatoes, and fresh local vegetables. Dessert will be Meyer lemon cake with mixed berry compote, vanilla whipped cream and fresh lady fingers. Coffee and tea are included. Other beverages will be available at the no-host bar.

Reservations will be confirmed via e-mail or telephone. Tables seat eight. Please indicate names of friends you would like to sit with on a separate piece of paper and submit with the coupon and check.

- Date:** Thursday, October 22
- Time:** 11:00 a.m., no-host social; 12:00 noon, lunch. Guest speaker to follow lunch
- Cost:** \$25 per person
- Location:** Rainier Golf & Country Club, 11133 Des Moines Memorial Dr. South, Seattle
- Event Coordinator:** Jerry Stirret, (425) 235-5770, 16853 190th Ave. S.E., Renton, WA 98058, e-mail jstirret@comcast.net
- Deadline:** Friday, October 16 (No refunds after this date)
- Instructions:** Mail completed coupon with your check payable to BMA to the event coordinator.❖

Pacific Northwest Ballet Presents

Nutcracker

Pacific Northwest Ballet can proudly lay claim to the world's most recognized and celebrated production of *Nutcracker*, now in its 26th season. The brilliant result of close collaboration between PNB Founding Artistic Director and choreographer Kent Stowell and renowned children's book author and illustrator Maurice Sendak, PNB's *Nutcracker* premiered to national acclaim in December 1983. In 1986, a feature-length film of the Stowell-Sendak *Nutcracker* was premiered in Seattle, released nationwide and, subsequently, released on video.



Each year, over 100,000 people come to McCaw Hall to see PNB's *Nutcracker*—one of the best holiday productions in the United States. The production's brilliant blend of costumes, sets and choreography is unique to Seattle and creates a magical world enjoyed by children and adults alike.

- Note:** All seats are Orchestra level.

Date:	Time:	Cost:
Saturday, December 5	2:00 p.m.	\$69 per person
Saturday, December 12	7:30 p.m.	\$73 per person
Sunday, December 20	1:00 p.m.	\$73 per person

- Location:** Marion Oliver McCaw Hall, Seattle
- Event Coordinator:** Shannon Russell, (206) 852-1666
- Deadline:** Three weeks before each performance or until tickets sell out.
- Instructions:** Send a check payable to BMA and include a self-addressed, stamped (for orders of five tickets or more, use two stamps) business-sized envelope to Shannon Russell, 22401 NE 25th Way, Sammamish, WA 98074.❖

747 40th Anniversary Celebration at the Museum of Flight

Be sure to free up your calendar on October 3 for a special 40th anniversary celebration at the Museum of Flight. The years 2009 and 2010 mark the 40th anniversary dates of the first test flight and first commercial flight.

On October 3rd, a Northwest Airlines 747 will be flown to the Museum of Flight and will be open to the public. The public program will start at 2:00 p.m. and will feature 747 designer and aviation icon, Joe Sutter, along with other speakers.

A few lucky visitors will receive a "golden ticket" to tour our original 747 in the Airpark.

To reserve seating in the theater for the 2:00 p.m. program, please contact sewing@museumofflight.org and reference the 747 anniversary program.❖

20th Annual Fall Luncheon

Mail coupon and check to the event coordinator.

Name _____

Guest name _____

Address _____

City/State/Zip _____

Phone _____

E-mail _____

Entrée selection (check one block each for member and guest):

Member: _____ Chicken _____ Beef _____ Pasta

Guest: _____ Chicken _____ Beef _____ Pasta

Social and Family

Wild Waves Theme Park

Make a memorable day for your family and friends as we celebrate the summer at Wild Waves.

This year the cost includes admission and a catered buffet by Porters BBQ! Parking is not included. The park will be open to the general public, however, we will have exclusive use of the picnic grove. Season passes cannot be used for our event.

Date: Saturday, September 12 **Time:** 10:00 a.m.

Costs: \$27.32 per person (Over a \$39 value. Parking is \$10 per vehicle.) Includes admission and BBQ lunch. Children two and under are free.

Location: Wild Waves Theme Park, Federal Way

Event Coordinator: Tracy Jones, (425) 965-3080, M/C 63-25

Deadline: Thursday, September 3

Instructions: Send a check, payable to BMA, and a self-addressed, stamped envelope to Tracy Jones, M/C 63-25, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124.❖

Toy Making Party!

Volunteers are invited to join in the fun of making wooden toys for kids. Don and Laurel Crabbs have donated shop and expertise for many years and want to continue this activity. All equipment, lumber, and training will be provided. No experience needed. Partial shifts are available. We'll have a morning and afternoon break and enjoy a great lunch.

The toys will be donated to Childhaven, a non-profit organization "caring for children since 1909." The children will then paint the toys as a classroom project.

Dates: Saturday, September 19 **Time:** 9:00 to 4:00 p.m.

Location: Don and Laurel Crabbs: 31906 190th Ave. S.E., Auburn 98092 (maps available)

Event Coordinators: Don and Laurel Crabbs, (253) 630-6483

Instructions: Contact Don and Laurel Crabbs at (253) 630-6483, or Marlene Taylor at (425) 644-8799 to volunteer.❖

Performing Arts

Seattle Opera Presents—*La Traviata*

This glamorous and heartfelt portrait of a worldly courtesan forced to give up the man of her dreams is arguably the most popular and accessible of Verdi's masterpieces. Returning to Seattle Opera for the first time in 13 years, the tale of masked revelry, family strife, blighted love, and selfless sacrifice weaves an amazing range of emotions and moods into a nearly perfect dramatic confection. The memorable score positively glows with poignant preludes, inspired ensembles, and marvelously crafted duets.

Date: Friday, October 30 **Time:** 7:30 p.m.

Cost: \$84 per person (\$119 value) **Location:** McCaw Hall, Seattle

Event Coordinator: Tim Ellis, (425) 266-6361, M/C 04-JA

Deadline: Tuesday, October 13

Instructions: Send a check payable to BMA and a self-addressed, stamped business envelope to Tim Ellis, M/C 04-JA, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124.❖

Performing Arts

Driftwood Players Season Tickets

Each year BMA buys out the Wade James Theatre in Edmonds for a BMA exclusive showing to each of the season's shows.

Complimentary refreshments will be provided before each show and during intermission. Shows this season include *The Secret Garden*—(September 18, 2009); *A Christmas Story*—(December 4, 2009); *Our Arcadia*—(February 12, 2010); *Love, Sex & the IRS*—(April 16, 2010) *And Then There Were None*—(June 18, 2010).

Time: 7:00 p.m. **Cost**—\$90 per person

Location: Wade James Theatre, 950 Main St., Edmonds WA

Event Coordinator: Leigh Ford, (425) 750-2781, M/C 7A-UM

Deadline: Wednesday, September 13

Instructions: Send a check payable to BMA and a self-addressed, stamped business envelope to Leigh Ford, 8123 137th Ave. S.E., Snohomish, WA 98290.❖

The Secret Garden

The Driftwood Players in Edmonds present a heart-warming, not-to-be-missed musical, based on the classic novel by Frances Hodgson Burnett.

Date: Friday, September 18

Time: 7:00 p.m.

Cost: \$22 (Tickets will be available at Will Call)

Location: Wade James Theatre, 950 Main St., Edmonds

Event Coordinator: Leigh Ford, (425) 750-2781, M/C 7A-UM

Deadline: Wednesday, September 13

Instructions: Send a check payable to BMA and a self-addressed, stamped business envelope to Leigh Ford, 8123 137th Ave. S.E., Snohomish, WA 98290. Tickets for *The Secret Garden* will be available at Will Call the day of the show.❖

Village Theatre Season Tickets

Village Theatre brings its season of shows for 2009-2010, four musicals and a comedy. As season ticket subscribers, we'll enjoy group sales prices, reserved choice seating, free covered parking (in Everett), and numerous other benefits.

This season's shows include *Chasing Nicolette*, *Meet Me in St. Louis*, *Lost In Yonkers*, *The Gypsy King*, and *42nd Street*.

Several ticket packages are available. Please see the Gold Card website at www.bmagoldcard.org for dates, times,

cost, and more. If you don't have internet access or have further questions, contact the event coordinator.

Event Coordinator: John Rusch, (425) 266-4496, M/C 06-LU

Instructions: Send a check payable to BMA and a self-addressed, stamped envelope to John Rusch, M/C 0W-47, c/o The Boeing Company, P.O. Box 3707, Seattle, WA 98124. Indicate the number of tickets and package desired. You will receive confirmation by mail or e-mail. Your tickets will be sent by mail. Please include an e-mail address if you have one.❖



Health and Welfare

News About H1N1 Recommendations by CDC and Public Health

G.Gey, M.D. and Jeanette Dunn, Ed.D. R.N.

The current recommendations for the new flu vaccine, when it becomes available, are women who are pregnant, people who care for children who are six months of age or younger, health care workers, people 6 months to 24 years of age, and people who are 25 to 64 years of age who have a chronic medical condition.

The reason older persons are not recommended for the new vaccine is that many have immunity because of previous exposure to the H1N1 virus. It remains to be seen whether this current recommendation will change.

Persons who have flu-like symptoms should stay home and contact their health care provider. They should remain at home until the fever and exclusion period ends—typically seven days. If antiviral medications have been taken, the exclusion period should still be observed as you will still be shedding virus that may be resistant to the antiviral medications.

If you are 65 years of age or older, you should get a regular flu shot when it becomes available. Check with your health care provider for more information. Information on flu shots can be found at www.findaflushot.com. ❖

Gold Card Caps for Sale

The Gold Card has great any-occasion caps in either black or khaki with the BMA Gold Card logo. The price is \$10, plus \$2 shipping each. Send a check payable to BMA to Chris Sales, 12910 206th Court S.E., Issaquah, WA 98027. Be sure to specify your **color** choice. ❖

Financial Seminars

Note: Views of BMA-sponsored speakers are their own and do not necessarily reflect the views of the Boeing Management Association.

Live the Life You Envision in Retirement Tax-Free Guaranteed Income for Life

Maybe you are like most retirees who are skeptical about this promise. Or like most people in today’s economic environment, are concerned that you can stay retired, protect your assets from further shrinkage and not outlive your retirement funds.

Fact—The rules for a Roth IRA conversion change dramatically starting in 2010.

Fact—The IRS has allowed investors to convert their IRA to a Roth IRA and spread the taxes out over two years.

Fact—Depending your IRA investments (Roth or traditional), there is NO guarantee that the portfolio will not decline in value!

With this simple investment strategy, we will show you how to convert your traditional IRA into a Roth IRA and receive guaranteed tax free income for life!

During this 45-minute presentation, Kris Kienzle, vice president of Ameriprise Financial, will show you the necessary steps to convert your IRA. Kris will also introduce you to guaranteed income that will allow you to live your retirement the way that you chose, and not worry about outliving your retirement funds.

Enjoy lunch at the Museum of Flight, while gathering knowledge that could provide you that peace of mind so deserved during your retirement years.

***Entry to the Museum of Flight free with seminar attendance.*

Date: Thursday, October 29 **Time:** 11:50 a.m. to 1:30 p.m.
Cost: \$5 per person (limited to the first 18)
Location: Board Room at the Museum of Flight, Seattle
Event Coordinator: Bob Keller, 17116 163rd Pl. S.E., Renton, WA 98058, (425) 254-8078, bob_keller@comcast.net
Deadline: Friday, October 23
Instructions: Mail completed coupon with your check payable to BMA to the event coordinator.

Survey Results

Recently, we asked for your opinion about how Gold Card is doing regarding events and activities offered. We heard you and are working hard to create more events in the areas you suggested. Our appreciation goes out to those who participated. Thank you! Please feel free to contact any board member with questions and

other ideas.

As announced on the survey form, all survey entries were entered into a drawing for a \$50 gift card. Congratulations to XXXXX YYYYYY, winner of the drawing! Your gift card will be the mail shortly. ❖

Activities of Most Interest to Gold Card Members

Category	Examples	Percentage
Travel	Tours, Leavenworth Tree Lighting	17%
Arts & Entertainment	Ballet, Opera, Symphony, Museums	16%
Activities for Adults	Dinners, Dances, Luncheons	15%
Health & Welfare	Health Seminars, Flu Shots, etc.	14%
Financial	Investing, Retirement Planning	11%
Sports	Football, Baseball, Hockey	8%
Volunteer	Toy Making, Food Drive, Tutoring, Tour Center	7%
Recreation	Skiing, Golf, Bowling	7%
Family	Santa Breakfast, Monster Trucks	4%

Boeing Management Association
 P.O. Box 3707 M/C 5X-09
 Seattle WA 98124-2207
www.bmagoldcard.org

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Recreation Activities	Bob McKinney	(253)941-0650

Golf

Golf League	Bob McKinney	(253)941-0650
Platinum League	Craig Petre	(425)493-9681

Bowling

South League	Larry Pickett	(360)915-8416
North League	Denny Carpenter	(425)337-1265

BMA Office

BMA Business Office	Jesse Maciel	(206)852-1686
BMA Business Manager	Shannon Russell	(206)852-1666

September 2009

Upcoming Events

September 3	Everett AquaSox Baseball
September 12	LeMay Car Collection Tour
September 12	Wild Waves Theme Park
September 13	Summer Golf Tournament at Druids Glen
September 18	<i>The Secret Garden</i>
September 18	Tony n' Tina's Wedding
September 19	Toy Making Party
October 3	747 40th Anniversary Celebration
October 22	20th Annual Fall Luncheon
October 29	Live the Life You Envision
October 30	Seattle Opera— <i>La Traviata</i>
Dec. 5, 12, 20	PNB's <i>The Nutcracker</i>
Various	2009/2010 Driftwood Players Season
Various	2009/2010 Village Theatre Season

Gold Card Event Coupon

Mail coupon and check payable to BMA to the event coordinator.

Event Name/Date: _____

Name _____

Guest name _____

Address _____

City/State/Zip _____

Phone _____

E-mail _____

Note _____